



Art by Audrey Lynne Cook

Understanding the Wisdom of Dreams

Uncover the mastery of dreaming and the treasures of your deepest consciousness.

Saturday, March 21, 2020

A retreat at the
Asilomar Conference Center

Dream & Ritual Presenters

Shara Hemingway, Ph.D.

Johanne LaRocque

Reda Rackley-Smith, M.A.

Fee: \$95 before March 7th and \$105 later

Dreams paint a picture of the energy inside of us and act as a guide on our journey to self-mastery. Dreams come from the deepest part of our being.

Come immerse yourself in a full day of dream exploration, with time to enjoy a contemplative walk on the beach or explore the beautiful Asilomar Conference grounds. We will also honor the Spring Equinox through ritual. Let us birth a dream community in which we share the wisdom & healing of dreams with each other and those we love.

Location: Asilomar Conference Grounds, 800 Asilomar Ave,
Pacific Grove, CA 93950

Fee: \$95 before March 7th and \$105 later

Register online at lifemasterycollective.org

or send email with your contact info to: info@lifemasterycollective.org

Daytime session: 9:30 A.M to 5:30 P.M.

Evening dream group for those who choose to attend: 6:30 to 8:30 P.M.

Information: Call Shara Hemingway at 831.238.1755
or Maren Elwood 831.238.5503

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Retreat Schedule

9:30 AM Morning Session with Shara Hemingway, Ph.D.
Understanding the Language of Dreams

- Dream Tending
- Dreams of the Departed
- Facing and Healing from Nightmares
- Lucid Dreaming

12:30 PM Lunch

Lunch is on your own. You may want to bring a lunch and spend your time on the grounds, at Asilomar beach, or at the Asilomar café.

1:30 PM Spring Equinox Ritual with Reda Rackley-Smith
2:15 to 3:00 Discussion about Dreams with Shara

3:00 PM Afternoon Session with Johanne LaRocque

- Projective Dream Work
- Universal Symbols
- Dream Work Through the Use of the Mandala

5:00 PM Afternoon Closing
Numinous Dreams (Dreams sent by the Divine)

6:30 PM Evening Session
Dream Group & Dream Incubation

We will have an altar honoring the rebirth of Spring. You are welcome to bring a symbol of what you would like to -birth in your life to place on the altar.
(Perhaps it is your relationship to dreams).